

Crate Training Schedule for a 2–6 Month Old Puppy (Eating 3x a Day) – Owner Works Full-Time

- **7:00 AM** – Wake up & potty outside.
- **7:10-7:30 AM** – Free time.
- **7:30 AM** – Breakfast.
- **8:00 AM** – Potty outside, then crate time. Leave a stuffed animal, a bully stick, and a small amount of water or ice cubes (no food).
- **12:00 - 1:00 PM** – A friend, neighbor, or dog walker should let the puppy out for a midday potty break.
- **6:00 PM** – Owner arrives home; puppy goes outside.
- **6:15-6:30 PM** – Free time in an enclosure, training session, and playtime to tire them out.
- **6:30 PM** – Dinner. Remove leftovers after 15-20 minutes, regardless of whether they finish.
- **7:00 PM** – Potty outside. If they don't go within 10 minutes, return them to the crate and try again every 10 minutes.
- **7:30 PM** – Crate time.
- **9:00 PM** – Offer food and water. Remove any leftovers to encourage eating on schedule.
- **9:30 PM** – Potty outside. If they don't go within 10 minutes, return them to the crate and try again every 10 minutes. They should go at least once before free time or bedtime.
- **9:40 PM** – Free time in an enclosure or the kitchen.
- **10:00 PM** – Final potty break before bed. If your bedtime is around 10 PM, take them outside and put them to bed between 10:10-10:30 PM.
- **11:00 PM** – Another potty opportunity. If they don't go within 10 minutes, return them to the crate and try again. If they've already gone potty once after dinner and show no need to go again, put them to bed.
- **11:10 PM** – Crate for the night.

Note: Puppies may wake up in the middle of the night for potty breaks during the first few nights. However, if they go potty (both pee and poop) before bedtime and their last meal was at 5 PM, they should be able to sleep through the night by the third or fourth night.

Tracking Early Progress: For the first couple of days, track how long your puppy takes to go potty after eating and drinking. Adjust your schedule accordingly to set them up for success.